

# RESTORE

“If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness”.  
*1 John 1:9 NKJV*

If sinful thoughts lead to sinful actions, you'll want to confess them and repent quickly, which means to turn away. Not doing so dishonors Jesus and keeps the door open to the enemy.

Say, “Lord, I confess to my sin of \_\_\_ and I'm sorry. May I never do it again. In Jesus' name. Amen”!

Repentance is a change of mind that results in a change of action. It's a necessary part of salvation, and God commands everyone to repent. Here are some consequences of unrepentant sin:

**God's judgment:** God will judge those who have unrepentant sins, and may bring sickness and weakness into their lives.

**Separation from God:** Unrepentant sinners are cut off from God's sanctifying grace.

**Untimely death:** God may take the life of a believer who is unrepentant.

**Broken fellowship:** Unrepentant sinners choose to remain in their sin, which can lead to broken fellowship and lack of growth.

**Church discipline:** The church should stand away from those who are living in open, unrepentant sin while claiming to be Christian.

**The solution is simple:  
Never go to bed with an unrepentant heart!**